



Institute on Aging

Helping Bay Area Seniors Live Independently

Ruth Anne Rosenberg Adult Day Health Center & Alzheimer's Day Center

Serving 90 clients a day, IOA's Ruth Ann Rosenberg Adult Day Health Center provides many of the services adults need to remain living at home. The ADHC program offers a fun, engaging, and social atmosphere, together with convenient on-site healthcare, support services, and transportation.

Adjacent to the ADHC, our Alzheimer's Day Center serves people with mild to severe memory loss. Specialized activities encourage **individual expression, engagement, mental stimulation, and physical health.**

Volunteers may lead or assist in numerous programs, or use their knowledge and skills to create a **program of their own!** Volunteers may also choose to simply provide much appreciated **social interaction** for our clients. **The caring and enthusiastic staff at the ADHC will work with each volunteer to provide the most satisfying experience for all.** We welcome large groups, and volunteers under sixteen years of age who are interested in learning and helping while engaging with older adults.

Location: 3600 Geary Blvd. (at Arguello)
Flexible schedule, open from 9:30 - 2:30 weekdays.

Please fill out our [Volunteer Application](#) and return to volunteer@ioaging.org or fax to 415-750-4127.

For more information about this and other IOA programs and volunteer opportunities, please contact Susan Lee Lindeman.

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